



**BRIDGE
STREET
FOODS**

Capabilities and Spec Information

Natural S'Wheat® Whole Wheat Flour

Whole wheat flour made from hard white wheat is flavor-rich, naturally sweet and golden amber in color. Used in baked goods such as breads, tortillas, or pizza crust. Combines the healthy benefits of wheat fiber with a mild flavor. Trade marked "IA" - Identity Assured from field to shelf.

Packaging: Available in 5, 25, and 50 pound paper bags, or bulk

Shelf Life: Up to one year

Storage: Store in a cool, dry place

Application: Baked foods; variety breads, rolls, pizza crust, tortillas, bagels, or any of your whole wheat baking needs

Units/Pallet: 480 (5#) ; 50 (50#)

Natural S'Wheat® Flour from Hard White Wheat

- 100% whole wheat; a whole grain food
- All natural, no preservatives
- Naturally sweet grain flavor notes
- Lighter color
- Finer granulation than typical whole wheat flour
- Great whole wheat product for school food service



Nutrition Facts

71 servings per container

Serving size 1/4 Cup (32g)

Amount per serving
Calories 130

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 26g **9%**

Dietary Fiber 4g **16%**

Total Sugar 0g

Protein 4g

Vitamin A 0%

Calcium 0%

Iron 6%

Vitamin C 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Typical Flour Specifications

Protein 13.0% to 13.5%
 Total Dietary Fiber 11% to 13%
 Fat 1.5% to 2%
 Moisture Maximum 11%
 Ash 1.4 to 1.8%
 Unmalted/No Treatment 300 min. falling#
 Allergen: Wheat